

## Code of Conduct

This document is for those attending or observing Adams Aquatics classes. We ask that you follow this Code of Conduct not only to ensure you enjoy your experience, but for the safety and well-being of all attendees.

Adams Aquatics reserves the right to exclude participants who fail to comply with these guidelines.

- Arrive with sufficient time to allow the class to begin as scheduled. If you arrive late please consult the instructor before changing to see if participation is allowed.
- Consult the venue specific information on our website for details regarding waiting area location. If waiting poolside please sit quietly, this enables the instructor(s) to conduct the lessons in the safest possible environment.
- At venues where changing space is limited [see venue specific information on our website], change as quickly as possible to allow subsequent classes to use changing facilities.
- Do not use mobile phones on poolside.
- Please ensure you notify us of any medical conditions pertaining to you or your child.
- Jewellery is not to be worn during swimming lessons by children, babies or adults.
- Ensure all those in your care are always under your direct supervision. No children on poolside unless supervised by another adult.
- Any visitors/spectators who accompany you to your lessons will remain your sole responsibility and they will be required to follow this code of conduct.
- No food or drink to be taken poolside in any venues. The only exception is milk in PLASTIC containers – NO GLASS is allowed poolside.
- All nappies must be disposed of in the receptacles marked for this purpose. If there are no marked bins nappies must be taken away with you.
- All babies must wear the double nappy system; where applicable [please refer to terms and conditions].
- Avoid feeding babies too close to lesson times.
- We do not provide changing mats for you to use in the changing rooms due to risk of infection, however we do advise you bring your own with you and recommend the special swimming changing mats which are available through our online store.

### **Monitoring and review**

This document will be reviewed annually to ensure it remains fit for purpose and reflects the type of health and safety issues which may arise and how these are managed.

The next date for review will be 25<sup>th</sup> May 2020.